

# INDOOR SOWING GUIDE

## LATE JANUARY

Strawberry

## LATE FEBRUARY

Artichoke

Celery

Eggplant

Onion (Bulb, Shallot)

Rosemary

## EARLY MARCH

Dill

Endive

Leek

Onion (Bunching)

Pepper

Savory

Stevia

Wild Bergamot

## LATE MARCH

Borage

Cabbage (Head)

Catnip

Chives

Lemon Balm

Marjoram

Mint

Oregano

Parsley

Sage

Tarragon

Thyme

## EARLY APRIL

Amaranth

Basil

Broccoli

Cabbage (Napa)

Cauliflower

Chamomile

Collards

Fennel

Ground Cherry

Kale

Kohlrabi

Lettuce

Okra

Potato

Shiso

Sorrel

Swiss Chard

Tomatillo

Tomato

Watercress

## LATE APRIL

Bitter Melon

Broccoli Raab

Cucumber

Melon

Pumpkin

Spinach (New Zealand)

Squash (Summer, Winter)

Watermelon

## EARLY MAY

Quinoa



Head in  
for all your  
seeds &  
supplies!